

Missouri River Conference Championships - 10/17/2019  
 Le Mars Hosts (Brunsville, Iowa)  
 Prairie Rose Golf Course

Event 4 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1 Kifle, Yemane	10	Sioux City North	17:02.12	1
2 Dido, Ahmed	11	Sioux City North	17:02.70	2
3 Walters, Nick	11	Sioux City North	17:35.24	3
4 Gutierrez, Jose	10	Sioux City North	18:26.91	4
5 Hedrick, D'Mitre	12	Council Bluffs TJ	18:29.88	5
6 Foster, Matt	11	Council Bluffs TJ	18:39.08	6
7 Olson, Joseph	09	Sioux City North	18:50.37	7
8 Christensen, Lorcan	10	Sioux City North	18:50.85	8
9 Sanchez, Juan	09	Lemars High School	18:54.18	9
10 Milner, Evan	11	Council Bluffs TJ	19:01.65	10
11 McDaniel, Trey	12	Council Bluffs TJ	19:03.94	11
12 Stellish, Kenny	11	Sioux City North	19:06.61	12
13 Vanderveen, Brandon	12	Sioux City East	19:08.25	13
14 Odwyer, Jacob	12	Lemars High School	19:08.86	14
15 Burrack, Owen	11	Sioux City North	19:09.60	
16 Widjaja, Michael	10	Sioux City East	19:23.49	15
17 Fuentes, Juan	11	Sioux City East	19:25.00	16
18 Haworth, Austin	09	Lemars High School	19:31.00	17
19 Healy, Austin	11	Sgt. Bluff-Luton	19:32.21	18
20 Dirkson, Emmet	11	Sgt. Bluff-Luton	19:36.87	19
21 Vallin, Emmanuel	09	Council Bluffs TJ	19:38.14	20
22 Soriano, Roi	10	Council Bluffs TJ	19:44.93	21
23 Chhet, Aydin	10	Sioux City East	19:52.82	22
24 Debates, Joseph	09	Sioux City East	19:53.48	23
25 Hinds, Daniel	11	Lemars High School	19:55.37	24
26 Wooldridge, Jeffrey	10	Sioux City North	19:57.22	
27 Burkhart, Noah	10	Sioux City East	19:57.68	25
28 Burney, Aaron	10	Council Bluffs TJ	20:00.48	26
29 Flattery, Jackson	10	Sioux City East	20:02.70	27
30 Johannes, Nathan	09	Council Bluffs AL	20:03.61	28
31 McGregor, Nolan	12	Sgt. Bluff-Luton	20:09.80	29
32 Allen, Mason	12	Council Bluffs TJ	20:12.37	
33 Markuson, Mark	09	Council Bluffs TJ	20:13.03	
34 Pregon, Dalton	11	Council Bluffs AL	20:14.86	30
35 Mosqueda, Alexis	12	Council Bluffs TJ	20:25.24	
36 Barker, Max	10	Sioux City East	20:25.84	
37 Stoos, Gavin	09	Sioux City East	20:26.93	
38 Schaap, Dylon	09	Sgt. Bluff-Luton	20:29.79	31
39 Koletzke, Chase	11	Council Bluffs TJ	20:33.66	
40 Greenwell, Liam	11	Sioux City North	20:37.80	
41 Lohr, Matthew	11	Sioux City North	20:42.75	
42 Fjeldheim, Kameron	09	Bishop Heelan	20:44.80	32
43 Wurth, Caden	09	Lemars High School	20:45.64	33
44 Krysl, Jacob	10	Sioux City North	20:46.91	
45 Francksen-Small, Jakob	12	Lemars High School	20:49.29	34
46 Funk, Trenton	11	Council Bluffs AL	20:52.14	35
47 Figueroa, Diego	10	Council Bluffs TJ	20:58.37	
48 Samayoa, Sairus	09	Sioux City East	20:59.85	
49 Burrell, Reddeck	09	Lemars High School	21:01.14	36
50 McInnis, Jack	11	Lemars High School	21:01.59	
51 Slack, Mason	12	Council Bluffs TJ	21:03.00	
52 Santacruz, Adrian	12	Council Bluffs TJ	21:03.58	
53 Lovejoy, Tyrese	09	Sioux City North	21:04.93	

54	Johnson, Justin	09	Sgt. Bluff-Luton	21:09.55	37
55	Andemichael, Fithawi	09	Sioux City North	21:11.47	
56	LaFleur, Jacob	09	Bishop Heelan	21:11.83	38
57	Becker, Merric	09	Council Bluffs AL	21:13.66	39
58	Jherek, Dillavou	12	Sgt. Bluff-Luton	21:23.46	40
59	Denker, Jacob	09	Sioux City East	21:26.84	
60	Heeren, Tucker	12	Lemars High School	21:27.65	
61	Tran, Tony	11	Council Bluffs TJ	21:30.21	
62	Kellin, Braden	10	Council Bluffs TJ	21:42.41	
63	Vlahoulis, Kellen	09	Sioux City East	21:43.88	
64	Blake, James	11	Sgt. Bluff-Luton	21:50.14	41
65	Tran, Thomas	10	Sioux City West	21:50.45	
66	Luu, Andy	11	Sioux City North	21:52.15	
67	Barrett, Brenden	11	Council Bluffs AL	21:57.69	42
68	Greenwell, Quintin	12	Sioux City North	21:59.35	
69	Pace, Draven	10	Sioux City North	22:00.46	
70	Ferguson, Scott	12	Lemars High School	22:02.98	
71	Laws, Kane	12	Sioux City North	22:05.28	
72	Delperdang, Xander	10	Sioux City North	22:07.36	
73	Andon, Dillavou	11	Sgt. Bluff-Luton	22:12.45	
74	Walz, Elliot	09	Sioux City North	22:13.54	
75	Jensen, Braden	12	Lemars High School	22:16.61	
76	Miller, Elias	12	Sioux City North	22:22.19	
77	Erickson, Cam	11	Council Bluffs AL	22:24.42	43
78	Bose, Ethan	09	Council Bluffs TJ	22:24.91	
79	Carlsen, Dylan	12	Lemars High School	22:36.55	
80	Marchand, Judd	09	Sgt. Bluff-Luton	22:37.63	
81	Neville, Asa	09	Council Bluffs TJ	22:44.45	
82	Albers, Seth	12	Lemars High School	22:49.39	
83	Juan Medina, Gabe	09	Sioux City West	22:49.96	
84	Colburn, Abe	09	Council Bluffs AL	22:51.85	44
85	McGill, Jacob	09	Lemars High School	23:02.00	
86	Bates, Cody	11	Sioux City East	23:12.68	
87	LaFleur, Lucas	09	Bishop Heelan	23:13.11	45
88	Mendez, Angel	09	Sioux City North	23:14.49	
89	Schaap, Ethan	11	Sgt. Bluff-Luton	23:28.49	
90	Haider, Mickey	10	Sgt. Bluff-Luton	23:32.44	
91	Venteicher, Noah	09	Lemars High School	23:45.39	
92	Harrison, Jacob	09	Sioux City East	23:47.44	
93	Spencer, Jacob	10	Lemars High School	23:53.84	
94	Keleher, Ashton	10	Sioux City North	24:11.02	
95	Watchorn, Bret	11	Sioux City East	24:11.32	
96	Tran, David	12	Sioux City North	24:11.69	
97	Hsee, Poe	10	Council Bluffs TJ	24:17.91	
98	Eslinger, Jason	09	Sgt. Bluff-Luton	24:40.34	
99	Barros, Nicolas	11	Council Bluffs AL	25:10.28	
100	Brent, Ayden	09	Lemars High School	25:18.19	
101	Hueser, Tanner	12	Sgt. Bluff-Luton	25:19.09	
102	Santacruz, Joel	09	Council Bluffs TJ	26:19.18	
103	Hubbell, Kyle	10	Lemars High School	26:30.23	
104	Godoy, Jorge	09	Sioux City West	26:53.81	
105	Stahle, Jack	09	Bishop Heelan	27:21.97	46
106	West, Victor	12	Sioux City North	28:44.43	
107	Ibar, Amer	11	Council Bluffs TJ	29:25.45	
108	Aesoph, Keenan	09	Bishop Heelan	30:11.30	47

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux City North	17	1	2	3	4	7	8	12		

Total Time:	1:28:57.34							
Average:	17:47.47							
2 Council Bluffs TJ	52	5	6	10	11	20	21	26
Total Time:	1:34:52.69							
Average:	18:58.54							
3 Sioux City East	89	13	15	16	22	23	25	27
Total Time:	1:37:43.04							
Average:	19:32.61							
4 Lemars High School	97	9	14	17	24	33	34	36
Total Time:	1:38:15.05							
Average:	19:39.01							
5 Sgt Bluff High School	134	18	19	29	31	37	40	41
Total Time:	1:40:58.22							
Average:	20:11.65							
6 Council Bluffs AL	174	28	30	35	39	42	43	44
Total Time:	1:44:21.96							
Average:	20:52.40							
7 Bishop Heelan High School	208	32	38	45	46	47		
Total Time:	2:02:43.01							
Average:	24:32.61							