

Missouri River Conference Championships - 10/17/2019

Le Mars Hosts (Brunsville, Iowa)

Prairie Rose Golf Course

Last Completed Event

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Downs, Kaia	10	Sioux City East	19:00.28	1
2 Aesoph, Amber	12	Bishop Heelan	19:15.19	2
3 Philips, Karlee	12	Sioux City East	20:14.71	3
4 Jordan, Elizabeth	09	Sioux City North	20:16.27	4
5 Mahaney, Grace	11	Bishop Heelan	20:17.82	5
6 Helt, Sydney	10	Sioux City East	20:19.69	6
7 Lammers, Katie	11	Sioux City East	20:22.65	7
8 Garay, Lillian	11	Sioux City North	20:26.85	8
9 Black, Chloe	12	Sgt. Bluff-Luton	20:28.57	9
10 Newberg, Jada	09	Bishop Heelan	20:33.04	10
11 Calhoun, Chloe	12	Lemars High School	20:39.51	11
12 Karras, Sophia	09	Sgt. Bluff-Luton	20:59.15	12
13 Albrecht, Kara	12	Lemars High School	21:10.34	13
14 Zuehl, Nicole	10	Sioux City North	21:10.60	14
15 Conley, Mia	10	Bishop Heelan	21:13.11	15
16 Kelley, Emma	11	Sioux City North	21:29.91	16
17 Joyce, Brenna	12	Bishop Heelan	21:36.69	17
18 Vandervelde, Hayleigh	12	Council Bluffs AL	21:44.62	18
19 Ryan, Gabby	09	Sgt. Bluff-Luton	21:46.74	19
20 Ramos, Jasmine	12	Council Bluffs TJ	21:52.67	20
21 Heilsen, Moriah	12	Council Bluffs AL	21:54.63	21
22 Martinez, Jazmin	09	Council Bluffs AL	21:58.50	22
23 Britt, Kylee	09	Lemars High School	22:03.76	23
24 Bracker, Paige	10	Council Bluffs AL	22:05.77	24
25 Joyce, Keara	09	Bishop Heelan	22:06.35	25
26 Washburn, Paige	12	Lemars High School	22:08.05	26
27 Olson, Monica	12	Sioux City North	22:13.57	27
28 Chamberlain, Emily	11	Lemars High School	22:17.26	28
29 Schneiders, Victoria	10	Sioux City North	22:20.63	29
30 Laureano, Leila	12	Sgt. Bluff-Luton	22:22.83	30
31 Norton, Mia	11	Sioux City North	22:29.14	31
32 Hutchinson, Emma	11	Bishop Heelan	22:32.39	32
33 Ryan, Jenna	11	Sgt. Bluff-Luton	22:40.41	33
34 Heald, Lydia	11	Sioux City East	22:41.74	34
35 Stoos, Karlie	11	Sioux City East	22:53.88	35
36 Barnes, Olivia	12	Sioux City East	23:01.30	36
37 McNaughton, Lilly	10	Lemars High School	23:11.96	37
38 Preston, Nora	09	Council Bluffs AL	23:14.85	38
39 Howard, Logan	09	Sgt. Bluff-Luton	23:15.60	39
40 Harstad, Mackenzie	10	Council Bluffs TJ	23:28.93	40
41 Plummer, Clare	12	Council Bluffs AL	23:35.15	41
42 Harold, Katie	12	Council Bluffs AL	24:05.32	42
43 Cunningham, Katie	10	Lemars High School	24:18.92	43
44 Slack, Julia	11	Council Bluffs TJ	24:38.70	44
45 Evans, Madison	11	Sioux City West	24:57.13	45
46 Jones, Kamari	12	Sioux City West	25:00.30	46
47 Gant, Regan	10	Council Bluffs TJ	25:00.84	47
48 Vigil, Lisbet	09	Sioux City West	25:24.86	48
49 Roberts, Gracie	11	Sioux City West	25:37.25	49
50 Proctor, Simiah	11	Sioux City West	25:47.63	50
51 Allen, Haley	09	Council Bluffs TJ	26:04.25	51
52 Cole, Akaysha	12	Council Bluffs TJ	26:06.59	52
53 Zermeno, Alondra	09	Sioux City West	27:00.86	53
54 Narcia, Rosie	09	Sioux City West	27:11.52	54

