

Heelan Invite 2017  
 Bishop Heelan High School - 8/24/2017  
 SYA

Event 5 Mixed 4k Run CC JV Mixed

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Name	Year	School	Finals	Points
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Results - Women 4000 Run				
1	#77	Katie Lammers	W09 Sioux City East	19:00.36 1
2	#261	Kalyn Cameron	W09 Woodbury Cent-KP	19:22.75 2
3	#203	Emane Ahmed	W09 South Sioux City	20:11.60 3
4	#34	Hannah Christensen	W12 Sgt. Bluff-Luton	20:33.03 4
5	#71	Taylor Copple	W12 Sioux City East	20:36.61 5
6	#116	Christina Ly	W10 Sioux City North	20:40.64 6
7	#206	Yesenia Balderas	W09 South Sioux City	20:49.85 7
8	#85	Madi VanDyke	W10 Sioux City East	20:53.34 8
9	#37	Linkynn Garrett	W09 Sgt. Bluff-Luton	20:59.54 9
10	#108	Jenna Courey	W12 Sioux City North	21:02.39 10
11	#69	McKenzie Carey	W09 Sioux City East	21:04.15 11
12	#45	Alyssa Skatges	W10 Sgt. Bluff-Luton	21:09.85 12
13	#70	Natalie Cloud	W09 Sioux City East	21:19.73 13
14	#41	Riley McHugh-Hoskin	W09 Sgt. Bluff-Luton	21:20.45 14
15	#112	Gabie Garcia-Rivera	W09 Sioux City North	21:23.92 15
16	#42	Liliana Orduno	W10 Sgt. Bluff-Luton	21:25.88 16
17	#4	Brooklin Froehlich	W11 Bishop Heelan	21:34.92
18	#209	Ruby Castillo	W10 South Sioux City	21:35.92 17
19	#165	Valerie Diaz	W11 Sioux City West	21:36.40 18
20	#12	Brooke Wilmesherr	W11 Bishop Heelan	21:40.03
21	#111	Isobel Feiges	W10 Sioux City North	21:54.75 19
22	#124	Leila Quintanilla	W11 Sioux City North	22:05.78 20
23	#68	Hannah Breyfogle	W11 Sioux City East	22:05.84 21
24	#207	Lizeth Basilio	W12 South Sioux City	22:32.85 22
25	#11	Emilee Leiting	W11 Bishop Heelan	22:35.46
26	#211	Cristal DeLaTorre	W12 South Sioux City	22:53.81 23
27	#35	Terri Deitloff	W12 Sgt. Bluff-Luton	22:57.11 24
28	#44	Alexis Shockley	W09 Sgt. Bluff-Luton	22:57.13 25
29	#65	Hadley Anderson	W09 Sioux City East	22:57.54 26
30	#179	Gracie Roberts	W09 Sioux City West	22:58.03 27
31	#126	Jaycelyn Walters	W11 Sioux City North	23:00.32 28
32	#224	Shelbee VanBurkum	W11 South Sioux City	23:04.82 29
33	#216	Nallely Maldonado	W12 South Sioux City	23:07.45 30
34	#177	Abigail Nelson	W09 Sioux City West	23:17.76 31
35	#164	Yorda Abreha	W11 Sioux City West	23:36.04 32
36	#208	Kimberly Bolanos	W10 South Sioux City	23:37.01
37	#213	Belinda Garcia	W11 South Sioux City	23:38.89
38	#212	Natasha Freiberg	W09 South Sioux City	23:41.11
39	#10	Haley Koob	W11 Bishop Heelan	24:08.22
40	#204	Jenny Aldana	W11 South Sioux City	24:25.16
41	#217	Sammi Maldonado	W10 South Sioux City	24:37.20
42	#76	Lydia Heald	W09 Sioux City East	24:48.18
43	#264	Brooke Harvey	W10 Woodbury Cent-KP	24:48.38 33
44	#266	Carly Meister	W12 Woodbury Cent-KP	24:50.62 34
45	#214	Selene Guzman	W11 South Sioux City	24:52.25
46	#262	Sally Gallagher	W11 Woodbury Cent-KP	24:58.81 35
47	#73	Nicole Essig	W10 Sioux City East	25:25.62
48	#109	Lillian Davis	W09 Sioux City North	25:55.81 36
49	#119	Chloe Murray	W09 Sioux City North	26:11.47
50	#118	Jazmin Mosqueda	W10 Sioux City North	26:12.24
51	#127	Emma Walz	W09 Sioux City North	26:16.68
52	#270	Sadie Robbins	W10 Woodbury Cent-KP	26:30.56 37

53	#271	JoLee Sprinkle	W10	Woodbury Cent-KP	26:41.29	38
54	#172	Kayla Mitchell	W12	Sioux City West	28:00.67	39
55	#218	Lizeth Quezada	W10	South Sioux City	29:57.14	
56	#38	Alexandra Johnson	W09	Sgt. Bluff-Luton	31:15.45	
57	#120	Liberty Nordstrom	W09	Sioux City North	32:29.17	
58	#265	Emily Kraft	W10	Woodbury Cent-KP	35:31.48	40
Results - Men 4000 Run						
1	#64	Ty Shoulders	M09	Sgt. Bluff-Luton	16:20.59	1
2	#136	Aaron Eybers	M12	Sioux City North	16:22.06	2
3	#163	Nick Walters	M09	Sioux City North	16:41.67	3
4	#59	Max Murphy	M11	Sgt. Bluff-Luton	16:54.64	4
5	#95	Owen Hoak	M09	Sioux City East	17:05.09	5
6	#61	Roope Ruuska	M12	Sgt. Bluff-Luton	17:05.66	6
7	#19	Antonio Guerra	M10	Bishop Heelan	17:09.70	7
8	#132	Jaysen Bouwers	M09	Sioux City North	17:16.59	8
9	#133	Owen Burrack	M09	Sioux City North	17:17.58	9
10	#140	Quintin Greenwell	M11	Sioux City North	17:20.46	10
11	#105	Carter Vanderloo	M09	Sioux City East	17:26.52	11
12	#96	Noah Hutt	M11	Sioux City East	17:44.64	12
13	#93	Greg Haaf	M12	Sioux City East	17:53.72	13
14	#106	Brandon VanderVeen	M10	Sioux City East	17:53.90	14
15	#135	Ethan Bush	M11	Sioux City North	17:54.47	15
16	#139	Colin Greenwell	M09	Sioux City North	17:55.70	16
17	#185	Byron Cota	M12	Sioux City West	18:05.26	
18	#90	Juan Fuentes	M09	Sioux City East	18:07.57	17
19	#201	Cesar Vazquez	M09	Sioux City West	18:16.09	
20	#20	Marshall Huls	M11	Bishop Heelan	18:18.99	18
21	#147	Dan Oldenkamp	M11	Sioux City North	18:27.09	
22	#97	Caden Kayl	M10	Sioux City East	18:30.02	19
23	#87	Chance Chhet	M12	Sioux City East	18:41.26	
24	#161	Abdulahi Tullu	M12	Sioux City North	18:42.76	
25	#102	Ben Shaputis	M09	Sioux City East	18:57.00	
26	#58	Nolan McGregor	M10	Sgt. Bluff-Luton	19:07.71	20
27	#145	EJ McElmeel	M11	Sioux City North	19:13.80	
28	#49	Jherek Dillavou	M10	Sgt. Bluff-Luton	19:28.97	21
29	#94	Craig Harris	M10	Sioux City East	19:40.76	
30	#100	Angel Reyes	M12	Sioux City East	19:42.30	
31	#15	Patrick Demers	M10	Bishop Heelan	19:47.17	22
32	#160	Tyler Tucker	M09	Sioux City North	19:51.71	
33	#192	Fernando Gutierrez	M11	Sioux City West	19:57.78	
34	#130	Todd Baker	M11	Sioux City North	20:01.84	
35	#53	Austin Healy	M09	Sgt. Bluff-Luton	20:03.05	23
36	#98	Angel Lopez	M09	Sioux City East	20:08.05	
37	#47	Andon Dillavou	M09	Sgt. Bluff-Luton	20:08.09	24
38	#30	Noah Winkel	M09	Bishop Heelan	20:08.13	25
39	#197	Damian Moreland	M12	Sioux City West	20:09.80	
40	#148	Clement Oyadare	M12	Sioux City North	20:18.78	
41	#142	Matthew Lohr	M09	Sioux City North	20:19.55	
42	#153	Peyton Rea	M11	Sioux City North	20:19.56	
43	#50	Cade Gill	M11	Sgt. Bluff-Luton	20:24.27	
44	#226	Adam Durant	M11	South Sioux City	20:32.19	
45	#17	Brenden Frey	M11	Bishop Heelan	20:41.71	26
46	#152	Dawson Rea	M09	Sioux City North	20:42.60	
47	#146	Elias Miller	M10	Sioux City North	20:57.97	
48	#144	Anthony Luu	M11	Sioux City North	21:00.76	
49	#26	Noah Roerig	M11	Bishop Heelan	21:02.84	27
50	#46	James Blake	M09	Sgt. Bluff-Luton	21:04.84	
51	#240	Jaden Pekarek	M09	West Monona	21:13.29	
52	#28	Henry Sealey	M10	Bishop Heelan	21:40.32	28
53	#141	Ian Knuth	M11	Sioux City North	21:42.89	
54	#55	Tanner Hueser	M10	Sgt. Bluff-Luton	22:00.26	

