

WELCOME

to the Gary Meyer Invitational Cross Country Meet  
hosted by Le Mars Community Schools.

THANK YOU to Prairie Rose Golf Course for hosting this event!



# **BULLDOG CROSS COUNTRY**

The course is a 2.5K loop.

High School: 5K (2 Loops)

Middle School: 2.5K (1.55mi—1 Loop)

**RESPECT THE COURSE!**

**Stay off all greens and tee boxes!**

